

# **DR.CHRISTEENA SAJI**

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Current Location: Bangalore,Karnataka



## **PERSONAL INFORMATION:**

|               |   |
|---------------|---|
| NAME          | Christeena saji   |
| FATHER NAME   | Saji V.S.   |
| MOTHER NAME   | Lovely Saji   |
| ADDRESS       | Thengadayil sophy bhavan mezhuvveli (po) pathanamthitta (dist) Kerala (state) pin code : 689507 |
| MOBILE NUMBER | +917892370131, +917406662541  |
| EMAIL         | christeenasaji08@gmail.com  |

## **EDUCATIONAL QUALIFICATION:**

| S.N<br>O | QUALIFICATIONS | UNIVERSITY   | INSTITUTION   | YEAR OF<br>PASSING | PERCE<br>NTAG<br>E | MERITORIAL<br>CALSS |
|----------|----------------|--|---|--------------------|--------------------|---------------------|
| 1        | SSLC           | Govt. Of kerala<br>General<br>education<br>department<br>secondary<br>school   | Padmanabhodaya<br>m HSS<br>Mezhuvveli ,<br>PTA,KL, India                    | March<br>2012      | 87%                | Distinction         |
| 2        | INTERMEDIATE   | Govt.of kerala<br>Board of higher<br>secondary                                 | Padmanabhodaya<br>m HSS<br>Mezhuvveli ,<br>PTA,KL, India                    | March<br>2014      | 79%                | Distinction         |
| 3        | PHARM . D      | Rajiv Gandhi<br>University of<br>Health Sciences ,<br>Bangalore ,<br>Karnataka | Hillside college<br>of pharmacy and<br>research centre,<br>Bangalore, India | July 2020          | 71%                | First class         |

## **WORK EXPERIENCE:**

- Working as **Assistant Professor** in the Dept. of Pharmacy Practice, KLE College of Pharmacy, KLE Academy of Higher Education & Research (Deemed to be University), Bangalore, Karnataka, India, since 11 January , 2021.

## **INTERNSHIP:**

1. One year Internship as clinical pharmacist in **BGS GIMS Hospital, Kengeri, Bangalore.**

| <b>Department</b> | <b>Duration</b> |
|-------------------|-----------------|
| General Medicine  | 6 months        |
| Paediatrics       | 2 months        |
| General Surgery   | 2 months        |
| OBG               | 2 months        |

2. Fifteen days training in **Psychiatry department NIMHANS Hospital, Bangalore.**
3. Six months clerkship in general medicine, psychiatry, surgery, OBG and paediatrics.
4. One month Internship as clinical pharmacist in collaboration with Clinical Research Department, **Fortis Hospital, Bannerghatta, Bangalore.**
5. Trained in **Community medicine and General medicine , Govt. PHC Kaggalipura, Bangalore.**

## **AREA OF INTEREST:**

- ❖ Clinical Pharmacist
- ❖ Clinical data Management
- ❖ Pharmacovigilance
- ❖ Clinical Research
- ❖ Teaching
- ❖ CRC
- ❖ CRA

## **TECHNICAL SKILLS:**

Proficient in working with Microsoft ( **Certification of Kerala Computer Saksharatha Mission on April 2012 to June 2012 )**

## **PERSONAL SKILL:**

- ❖ Good at Communication.
- ❖ Creative idea.
- ❖ Good leader ship, team work and team leading.

## **PROJECT CONDUCTED:**

|                       |   |
|-----------------------|---|
| <b>PROJECT NAME</b>   | <b>Risk and Knowledge Assessment of PCOS Among College Students and Evaluation of Quality of Life Among PCOS Subjects – A Questionnaire Based Study To Create Awarness.</b> |
| <b>STUDY TYPE</b>     | Cross sectional Study   |
| <b>STUDY DURATION</b> | 6 months  |
| <b>TEAM MEMBERS</b>   | 3   |

### **POSTER PRESENTATION:**

- ❖ Presented a poster on **Patterns of Tobacco Consumption Among Adolescent Boys Residing at Khasbag Belgaum, Somanahalli, Karnataka, A Cross Sectional Study in 53<sup>rd</sup>IHPA Annual international conference, 2018 ,Ponda, Goa ,India.**
- ❖ Presented a Scientific poster on the topic entitled **“Quality of life associated with Polycystic Ovarian Syndrome”** on Pharmacy week Celebration organized by Hillside College of Pharmacy and Research Centre, Bangalore.

### **STRENGTHS:**

- ❖ Proactive
- ❖ Good problem – solve skill
- ❖ Patience, Confident
- ❖ Self disciplined, Punctual
- ❖ Ability to work under stress flexible and adaptable.

### **ACCOMPLISHMENT:**

- ❖ Campus Ambassador of **Pharmacon Society for PharmacyPractice.**
- ❖ **Volunteer- Organizing Committee** in the First – ever National Conference on “Medical Writing : From Basics to recent Advances and a Career Guide” planned by “Women Leaders in the Field of Medical Writing “ in association with **SCOPE MEDICS** and **CLIMED** Research Solutions held on July 26,2020”.

### **ONLINE CERTIFICATION COURSES:**

- ❖ Successfully completed 6 hour required course on **"Good clinical practice"** on 15 2020
- ❖ Successfully completed the course on **Antimicrobial Stewardship: A competency based approach** by World Health Organisation.
- ❖ Successfully completed the course on **“ Let’s break the chain of Covid – 19”** by Muhammed Bin Rashid University of Medicine & Health Sciences.

### **SEMINARS/WORKSHOPS/CONFERENCE:**

- ❖ Attended **"National conference on conversation of the clinicalpharmacist-OSCE** "Organised by T. John college of pharmacy on 25<sup>th</sup>february2019.
- ❖ Attended **53<sup>rd</sup>Annual international conference of IHPA** on february 17<sup>th</sup>& 18<sup>th</sup>2018.
- ❖ Attended seminar on **career opportunities in Clinical Research, Pharmacovigilance& Clinical Data Management** organized by Hillside college of pharmacyand Research centre on 25<sup>th</sup>september2018.
- ❖ Attended one day seminar on **" Pharmacovigilance& Patent Rights"**Organised by Hillside college of pharmacy and Research centre on february 5<sup>th</sup>2018.
- ❖ Attended National conference on **"Emerging Trends of clinical pharmacy services in india"**organised by Bharathi college of pharmacy on 23<sup>rd</sup>February2017.
- ❖ Attended one day Workshop on **" Comparative Effectivness Researchin Healthcare"** Organised by Al - Ameen college of pharmacy on 23<sup>th</sup>August2016.

- ❖ Attended **67<sup>th</sup> IPC held at JSS University** on 19<sup>th</sup> - 21<sup>st</sup> December 2015.

### **WEBINARS:**

- ❖ Attended the international webinar "**Impact on pharmacy practice by the covid -19 pandemic**" organised by Al Shifa college of pharmacy on 24/5/2020.
- ❖ Attended international webinars "**Drug Discovery - New Lead from Old drugs**" on 6/6/2020 organised by Ramaiah University of Applied sciences.
- ❖ Attended webinar on "**Updates in the management of Gram Negative Sepsis Clinical Pharmacist Perspective**" hosted by Belivers church medical college Hospital on 29<sup>th</sup> March 2020.

### **EXTRA CURRICULAR ACTIVITIES:**

- ❖ Actively Organised & participated paediatric health camp, Breast feeding camp, General health camp in college as well as near by schools, hospitals and villages. Performed General health checkup ( Blood pressure , Random blood sugar, Blood grouping, BMI and Physical examination ) , Past medication history evaluation and patient counselling ( Disease based , life style modification based, Nutrition based and medication based)
- ❖ Organised & conducted PCOS Awareness programme in various colleges and ladies hostels .
- ❖ Participated in the online Quiz on **National awareness on corona pandemic on 15 may 2020 organised by college of pharmaceutical sciences Dayanandasagar University.**
- ❖ Participated in **pulse polio immunization campaign** on 2015- 2019
- ❖ Awarded various prizes for group dance, songs ,Kabaddi, shot put, throw ball etc.

### **CLINICAL SKILLS :**

- ❖ Attending Ward Rounds at Morning
- ❖ Reviewing Patient Charts
- ❖ Dispensing the IP and OP Pharmaceuticals
- ❖ Provide patient drug based , disease based and life style based counselling.
- ❖ Case Presentation
- ❖ Recognizes and manages medicine related problems like adverse drug reaction , dosage problems, clinical significant drug – drug interaction , drug food interactions.
- ❖ Provide accurate and safe information regarding medicine to patient , the public and other health care professionals.
- ❖ Medication cupboard Audit and Crash cart Audit.
- ❖ Journal Presentation

### **PHARMACEUTICAL EXPERIENCE:**

- ❖ Industrial Visit at **PHARMA DEEP REMEDIES COMPANY IN CHERIAPALLY, HYDERABAD.** During that period learned in various departments like Tablets, Capsules , Liquid orals manufacturing and Quality Control.

**LANGUAGES KNOWN:**

- ❖ English
- ❖ Malayalam
- ❖ Hindi
- ❖ Tamil
- ❖ Kannada

**DECLARATION:**

I ChristeenaSaji hereby declare that all the information is true to the best of my knowledge and belief.

*DATE:*

*Signature :*

*PLACE:*

*CHRISTEENASAJI*