

KLE COLLEGE OF PHARMACY BENGALURU

A CONSTITUENT UNIT OF KLE ACADEMY OF HIGHER EDUCATION & RESEARCH, BELAGAVI



VALUE ADDED COURSE IN AROMATHERAPY

Objectives:

- ▶ **Provide a basic understanding of how to use essential oils safely for health and wellness.**
- ▶ **Understand essential oil dilution rates**
- ▶ **Learn basic methods of extraction and identification of essential oils**
- ▶ **To know the properties of essential oils and its adulterants**
- ▶ **Gain knowledge of formulating natural aroma products**
- ▶ **Become aware of precautions and contraindications before applying an aromatherapy treatment**



Course outcome:

- ▶ **Learn about the methods of extracting essential oils and their uses.**
- ▶ **Can become your personal guide to alternative healing.**
- ▶ **Can become entrepreneur for promoting health.**
- ▶ **Can successfully incorporate their newly gained knowledge in their current professional health care practice.**



Aromatherapy career opportunities:

- **Aromatherapeutic counsellor**
- **Entrepreneur**
- **Essential oil store manager**
- **Essential oil production manufacturer**
- **Custom aromatherapy blender or formulator**
- **Community holistic health clinic participator**
- **Aromatherapy consulting business entrepreneur**
- **Essential oils retailer**
- **Aromatherapy writer and book author**
- **Aromatherapy tutor**



Course content:

- **The History of Aromatherapy**
- **Introduction to Essential Oils and Aromatherapy**
- **Specific essential oil blending techniques used by herbalists and aromatherapists**
- **Basic skills and techniques for incorporating essential oils into your daily routine**
- **In depth understanding of properties essential oils and their healing properties**
- **Instruction on creating your own essential oil blends with free blend recipes (Formulation)**



Eligibility

- ▶ **B.Pharm (During 4th yr)**
- ▶ **Pharm D. (After 3rd yr)**

Duration

- ▶ **3 Months**

